

Lindsey Meehleis

For the past 20 years, Lindsey Meehleis has worked in healthcare but found herself often in the shadows. In the shadows of the night helping women discover their own strength through **psychedelic**, transcendent experiences while they birth their babies in power at home. As well in the shadows of death as a Midwife who helps people cross the rainbow bridge. Her hands have touched the lives of many as they take their **first and last breath**. She has woven the stories of thousands of births throughout these 20 years. Trained traditionally and licensed through the Medical Board, she quickly learned that what is needed in the **magic and mystery** of birth and death can't be found in a book. She serves families from womb to tomb, like many medicine women have done throughout time, with a deep remembering that many of these witches were burned at the stake for their threat to the standard industrialized medical complex. She has witnessed a drastic shift in healthcare since 2020 and looks forward to co-creating a new future of what true medicine always was. She gets down to the nitty-gritty of LIFE and everything it brings and illustrates the **power** that we have within, showing that birth, life and death are pivotal rites of passage that deserve to be held in sacred deep reverence.

Lindsey Meehleis

SPIRITUAL MIDWIFE
STORYTELLER
'HER'STORIAN



PODCASTS



**FUNDAMENTAL HEALTH
CARNIVORE MD**
Paul Saladino, MD
May 2, 2022



PRETTY INTENSE
Danica Patrick
To be released in 2023



BIRTHING INSTINCTS
Dr. Stuart Fischbein &
Blyss Young
July 20, 2022



REAL TALKS WITH LIZ
Liz Wolfe
September 1, 2022



DOWN TO BIRTH
Cynthia Overgard &
Trisha Ludwig
November, 2022



CONTACT

✉ lindsey@lindseymeehleis.com

☎ 949-300-0291

📍 30270 Rancho Viejo Rd. Ste F
San Juan Capistrano, CA
92675

📷 @lindseymeehleis

PODCASTS



THE HOLISTIC OBGYN

Nathan Riley, MD

October 5, 2022

Lindsey Meehleis
episode 117
Birth in the Post-2020
World: A Powerful
Message



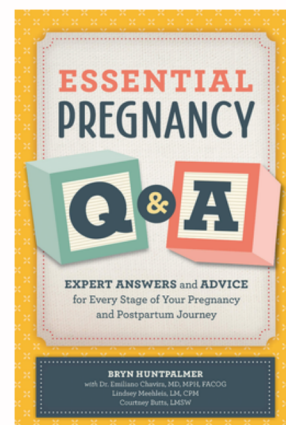
FUTURE GENERATIONS

Dr Stanton Hom

October 10, 2022



PUBLICATIONS



"Oh, the things that my eyes have seen, oh the things that my hands have touched, oh the things that my heart has witnessed.

Every time I step into a birth, it feels like I enter a different realm, like an astronaut discovering a new galaxy in faraway space, light years away. Where time has no beginning and no end. Where things that seem impossible, are indeed possible and happen in front of our eyes. For birth and death is **infinite**. Utterly undefinable.

No one discovers the depth of their souls the same. Every time someone pushes themselves to the deepest they think they can go, you see that final last dig, the last place to push into **surrender**, and there they find the light inside of them that no person can show them and literally birth themselves anew.

For this work isn't just birth work, it's a shoulder to cry on, it's an answer at the end of the call for help, it's a hand to hold. It's someone that shows up to hold your dying husband in the middle of the night so you can sleep next to your nursing baby beside him.

True Midwifery care is **womb to tomb**. Midwives comfortably settle into the space of the door that swings to bring life forth and usher it out... as we marry ourselves to everything in-between."

Lindsey Meehleis

